

From the Health Sciences Institute of America

Herpes (Cold Sores)

Many finding out that herpes viruses are much more prevalent and much more dangerous than anyone ever imagined.

Dr Robert Sinnott reported research has revealed a new clue to the mysterious connection between herpes viruses and connective tissue disease. He explains:

“Herpes viruses have long been known to cause human diseases. But we’re finding out that they are much more prevalent and dangerous than anybody ever imagined.” The herpes family of viruses includes Simplex 1, and Simplex 2. Researchers continue to identify new strains. **All the known strains are highly infectious, and can be easily transmitted by hand-to-hand contact. Even touching a contaminated doorknob can lead to infection.**

Most people are infected by herpes viruses early in childhood – **99 percent of the population has at least one herpes virus.** The most well-known is the virus that causes chickenpox. But there are many others that cause brief flu-like symptoms, and then seemingly disappear. The viruses don’t actually disappear at all – they just go “underground” in the tissues of the body. **Researchers have discovered that these so-called ‘dormant’ viruses may actually be replicating at a very low level, causing cumulative damage that manifests itself in middle age.** Many herpes viruses hide out in nerve tissue. People who have shingles often feel a burning pain in their nerves before the shingles appear. A certain group of herpes, viruses can hide in the connective tissue. It is theorized that these gamma viruses may be a **hidden cause of rheumatoid arthritis and other connective tissue disorders.** **Could herpes cause Alzheimer’s disease?** In another startling development, **scientists have linked the Simplex I virus with Alzheimer’s disease.** Apparently the Simplex I virus can lodge in brain tissue and replicate at a very low level. Inflammatory reaction over years may eventually lead to Alzheimer’s disease.

Dr Sinnott concluded, “Herpes viruses may ultimately be revealed to be one of the leading killers of our species.” Herpes viruses are opportunistic – **they strike when your defenses are down.** Stress, injury, surgery, infection and illness all increase your susceptibility.

Once again it is quite clear when your **IMMUNE SYSTEM is DOWN** you can become vulnerable to contracting Viruses, or if you already have them in your system they could be activated in a week part of your body. This is believed to cause the onset of cancer and other inflammatory conditions. Shingles are a good example. When you are prone to cold sores or **Herpes detoxify your body regularly plus keep your Immune System at its peak.**

REPORT BY Dr.ROBERT SINNOTT.